



## Put more fresh and healthy foods on the table with CalFresh

If you're eligible, here is what to expect when applying:



### STEP 1: Complete the Application



<https://calfresh.dss.ca.gov/food/officelocator/>



**In Person:**

**at a CalFresh office**



**Online:**

**CalFreshFood.org**

(Link to apply can be found here)



**By Phone:**

**1-877-847-3663**

### Application Tip



**Household:** Your "household" is the number of people you buy and share food with.

**Example:** If you live with two roommates, but you buy food and cook for only yourself, your household size is one. If you split the cost of groceries and share meals together, your household size is three.



**Military Income:** Some types of military income will need to be reported in the application, and some will not. Your local CalFresh expert can help guide you.



**VA Disability:** Veterans should proceed with completing their CalFresh application even if their VA disability rating/compensation amount is still pending.

**Additional application steps continued on back.**

## Get help with your CalFresh application today.

## Did you know?

You don't have to pay back the money you get from CalFresh. It's not a loan!



### STEP 2



#### Collect documents

*There are only three required elements when submitting an application: Name, address, and signature. However, applicants will be required to verify certain information throughout the interview process.*

Documents you may be asked to submit:

- **Photo ID:** state ID, driver's license
- **Proof of Income:** pay stubs or a statement from your employer, benefits award letters, school grants, loans, financial aid statements
- **Immigration status (for non-citizens):** Lawful permanent resident (LPR) or an I-94

### STEP 3



#### Wait for interview

Look out for a phone call from a CalFresh worker to confirm the details of your application. The call may come from an unfamiliar number, or it may be marked as potential spam. If you miss the phone call, be sure to call your local health or social services department back to reschedule.

### STEP 4



#### Benefits arrive within 30 days

The state must process applications within 30 days. If there aren't any issues or questions with your application, you can expect to have your EBT card already loaded with CalFresh benefits within the month.



Learn more about CalFresh  
at [CalFreshFood.org](http://CalFreshFood.org)

